

NEED TO SEE A DOCTOR? WE'VE GOT CONNECTIONS.

Amwell and MDLIVE are available through Cigna Telehealth Connection.



You can get the care you need - including most prescriptions (when appropriate) - for a wide range of minor conditions - by connecting with a board-certified doctor via video chat or phone, without leaving your home or office. When, where and how it works best for you! We call it Cigna Telehealth Connection.

Choose when:

Day or night, weekdays, weekends and holidays.

Choose where:

Home, work or on the go.

Choose how:

Phone or video chat.

Choose who:

Amwell* or MDLIVE* doctors.

Use Cigna Telehealth Connection to connect with a doctor about:

- › Sore throats
- › Headaches
- › Stomachaches
- › Fevers
- › Colds and flu
- › Allergies
- › Shingles
- › Rashes
- › Acne
- › Bronchitis
- › Urinary tract infections and more

Cigna Telehealth Connection

Request a consultation 24/7/365



MDLIVE for Cigna*

AmwellforCigna.com
855.667.9722

MDLIVEforCigna.com
888.726.3171

24/7/365 access to U.S.
board-certified doctors



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Your telehealth information cards.

Keep these cards handy so you're ready when you need a provider.

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company or its affiliates.

Choice is good. More choice is even better.

Amwell and MDLIVE are both quality national telehealth providers, so you can choose your care confidently. When you can't get to your doctor, Cigna Telehealth Connection is here for you.

Typically, televisits with Amwell and MDLIVE cost less than going to a convenience or urgent care clinic, and could be significantly less than going to the emergency room. And the cost of a phone or online visit is the same or less than with your primary care provider. Remember, you should only use telehealth services for minor, non-life-threatening conditions. In an emergency, dial 911 or go to the nearest hospital.

When to use Cigna Telehealth Connection

- For minor, nonemergency medical issues (especially as an alternative to the high cost of an emergency room or urgent care center)
- Your doctor or pediatrician is not available on your schedule
- You are traveling and need medical care
- You need a prescription or refill**
- When it's not convenient to leave your home or office
- Anytime, including nights, weekends and even holidays



Signing up is easy!

- Connect to both Amwell and MDLIVE through **myCigna.com**. No separate login needed.
- Complete a medical history using their virtual clipboard.

AmwellforCigna.com,* 855.667.9722

MDLIVEforCigna.com,* 888.726.3171

The cost savings are clear.

* Availability may vary by location and plan type and is subject to change. See vendor sites for details.

** There is no guarantee that a prescription will be written. Not all prescriptions may be covered under your medical plan. See your plan documents for details of your plan's prescription drug coverage.

Signing up for Cigna Telehealth is easy!



Set up and create an account with one or both Amwell and MDLIVE



Complete a medical history using their virtual clipboard



Download the MyCigna® app and you'll be able to access both telehealth providers



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Amwell and MDLIVE are independent companies/entities and are not affiliated with Cigna. The services, websites and mobile apps are provided exclusively by Amwell and MDLIVE and not by Cigna. Providers are solely responsible for any treatment provided. Not all providers have video chat capabilities. Video chat is not available in all areas. Amwell/MDLIVE services are separate from your health plan's provider network. Telehealth services may not be available to all plan types. A primary care provider referral is not required for Amwell/MDLIVE services. In general, to be covered by your plan, services must be medically necessary and used for the diagnosis or treatment of a covered condition. Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. See your plan materials for costs and details of coverage, including other telehealth/telemedicine benefits that may be available under your specific health plan.

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